

Resources

For Partners of Individuals who Sexually Offend

Note: Sadly there aren't a lot of resources for parents of children who sexually offend.

Podcasts:

Nancy Miller tells her story on [Amplified Voices, Episode 13](#)

Kristen Burgess tells her story on Amplified Voices, Episode 5

Beyond Fear: The Sex Crimes Podcast by Dr. Alexa Sardina, Dr. Alissa Ackerman

[Sexandrelationshiprecovery.com](#)

[womeneverafter.com](#) (for women who've exited their relationship)

[Beyondbitchy.com](#) (Boundaries podcast)

[Sarahblondin.com](#) (Self care/mindfulness podcast)

Books/Workbooks:

The Post Traumatic Stress Growth Guidebook (Schwartz, 2020)

Finding Meaning: The Sixth Stage of Grief (Kessler, 2019)

Prodependence: Moving Beyond Codependence (Weiss, 2018)

Altogether You...(Riemersma, 2020)

Courageous Love...(Carnes, S., 2020)

Mastering The Trauma Wound... (Christiansen, 2016)

Facing Heartbreak: Steps to recovery for Partners of Sex Addicts (Carnes, Lee, Rodriguez, 2012)

Battle of the Titans: Mastering the Forces of Sex, Money, and Power in Relationships (Kaplan, 2020)

I am Her Tribe (Doby, 2018)

The Book of Joy: Lasting Happiness in a Changing World (Lama & Tutu, 2016)

Organizations:

Narsol.org

all4consolaws.org

womenagainstregistry.org

"A certain freedom is awakened when we choose to meet our fear with compassion and worthiness."

Danielle Doby

More resources:

<https://www.namasteadvice.com/services>